



NGO Network Genuine Experiences in Lahemaa
Experiences in developing sustainable
nature tourism services, including
local food

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NGO Network Genuine Experiences in Lahemaa,
member of the board



LAHEMAA NETWORK of family based microbusinesses - who we are ?

17 unique and different from each other family based rural tourism enterprises in Lahemaa National Park region in North-Estonia: 16 farms ja 1 private museum

information about our location, members, events, news . . . you will find at our homepage, including links to the members homepages

www.ehedad.ee





LAHEMAA NETWORK – what we offer?

Our sustainable tourism farms offer:

close to nature living style, following the rhythm of four seasons, cosy accommodation in the peace and quietness of the farms, full of historic objects, different saunas, healthy local- and organic food, rich choice of herb teas, original handicraft, friendly farm animals and exotic birds, nature trails and –guides, canue and horse rides . . . + our beautiful Lahemaa manors, nature centres . . .



ACTIVITIES IN FARMS





ÕNNELA KÜLALISTEMAJA


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MEMBERSHIP RULES

sustainable use of nature resources, to provide nature guide services, learning materials and linked to nature programs

to save and use historical heritage: buildings, materials, design, furniture . . .

to use cultural heritage: handicraft, local food menus, design at the farm, courses, music, farm souvenirs. . .

to participant in the members meetings and joint projects for the network





KUUSIKU LOODUSTALU


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CULTURAL HERITAGE IN SERVICES

different handicraft programs and packages in different farms, handicraft products on sale, farm souvenirs etc

local and organic food (local raw materials and products), local and old traditional estonian food in our farms gatering services

co-operation with local national music groups

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ÕNNELA KÜLALISTEMAJA





IISAKA LAMBAKASVATUS- JA KÄSITÖÖTALU



LAHEMAA NETWORK-

together better offers and results

- co-operation in product- and service development: deviding information about each-others services, help to each-other ...
- multiple suistanable nature tourism offer from Lahemaa, PR, transnational co-operation ...
- developing together members and network sustainability and joint marketing: different support programmes projects (incl. Leader from Arenduskoda NGO), trainings and study-tours ...



LOCAL FOOD in our network members services

- as much as possible own farm and from the region food raw materials and products, including organic production, in the menu
- local 4 season´s dishes in the menus
- host´s and hostess´es personal dishes and service
- personal stories linked to the farms food
- using typical to Estonia and to Lahemaa region raw materials: fresh fish, meat from hunters, forest berries and mushrooms, herbs etc
- using own farm raw materials: lamb meat, honey, organic herbs, vegetables, tomatoes, berries, fruits etc
- old estonian and regional dishes



OUR BENEFITS FROM LOCAL FOOD ?

- possibility to offer the personal touch through local food (owners themselves are behind making and serving the local food)
- provide a unique atmosphere for eating at the farm or in the nature
- baking all cakes, old estonian bread etc freshly from the oven
- taking care of our guests personal needs: vegetarians, guests with other personal wishes
- some recepies are available for guests
- personal and known background of raw materials, dishes, recepies and providers



CAKE WITH LOCAL BERRIES



Chedad elamused Lahemaal

CHRISTMAS CAKE



FOOD IN THE SNOW



KAREPA ÜRDIAED JA KUNSTIGALERII



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CONTACTS

www.ehedad.ee

www.lahemaa.ee

network representative person:

Mare Kalme, e-mail: armaratsatalu@gmail.com – chairman

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Welcome to Lahemaa!

Enjoy our natural and historical heritage !





Thank you!



presentation:
Sirje Kuusik

www.kuusikunaturefarm.ee

